

# Bill Oigarden

[www.oigarden.com](http://www.oigarden.com)

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## EDUCATION

**Ph.D. Counseling Candidate** (*expected graduation 2012*)

CACREP accredited [www.cacrep.org](http://www.cacrep.org) Barry University, Miami Shores, Florida

Adrian Dominican School of Education [www.barry.edu/counselingPhD](http://www.barry.edu/counselingPhD)

## Doctoral Internships

**Barry Family Enrichment Center** – Orlando, Florida, 2005 – 2007 Clinical Supervisors:

J. Paul Gallant Ph.D., LMFT and Steve Livingston Ph.D., LMFT/LMHC.

**Private Practice in Winter Park** - Clinical Supervisor: David Bloodgood Ph.D., LMHC

[www.bloodgood.com](http://www.bloodgood.com)

**Journal of Martial and Family Therapy (JMFT)** [www.jmft.net](http://www.jmft.net) Virtual Internship Program (VIP)

including the basics of the scholarly editorial process including how to conduct blind, peer reviews.

2006-2007 Mentor: Ronald J. Chenail Ph.D.

**Dissertation:** Cave Divers, Immersed in Adventure Sports and the family system.

This proposed dissertation features a quantitative approach to investigate the personality specifically related cognitive and psychobiological influenced decision-making, impulsivity, addiction, and how the family is affected. This research furthers the study of impulsive unsocialized sensation seeking, risk-taking behaviors, and family systems.

*Dissertation Chair: Catharina Eeltink*

**M.A.** Counseling, Webster University, 2004 [www.webster.edu](http://www.webster.edu)

**B.S.** Business Management, University of Phoenix, 2001 [www.phoenix.edu](http://www.phoenix.edu)

## PROFESSIONAL LICENSES AND CERTIFICATIONS

- State of Florida Licensed Mental Health Counselor #MH9506 [www.doh.state.fl.us/mqa](http://www.doh.state.fl.us/mqa)
- NCC - National Certified Counselor #219489 – [www.nbcc.org](http://www.nbcc.org)
- State of Florida Registered Marriage and Family Therapist Intern #837 [www.doh.state.fl.us/mqa](http://www.doh.state.fl.us/mqa)
- Family Services Counselor – Florida Department of Children and Families
- Florida Certification Board – Certified Behavioral Health Technician #2355  
[www.flcertificationboard.org](http://www.flcertificationboard.org)
- “CPI” Nonviolent Crisis Intervention Certification [www.crisisprevention.com](http://www.crisisprevention.com)
- State of Florida Vocational Teachers Certificate – Management and Supervision [www.fldoe.org](http://www.fldoe.org)
- United States Coast Guard Captain's License - Uninspected - 100 miles offshore [www.uscg.mil](http://www.uscg.mil)

## PRESENTATIONS AND WORKSHOPS

- 2009 - National Speleological Society Cave Diving Annual Workshop** Tallahassee Florida. Decompression, Psychology, and Science - Sensation Seeking and Risky Behavior. [www.nsscdsworkshop.org/Workshop2009/sessions.html#Oigarden](http://www.nsscdsworkshop.org/Workshop2009/sessions.html#Oigarden)
- 2007 - National Speleological Society - Convention** Mangengo, Indiana [www.caves.org](http://www.caves.org)  
Cave Divers: A Mixed Methods Study of Lifestyle, Personality, and Psychobiology.
- 2007 - First Annual South Georgia Regional MFT Student Conference** Valdosta State University  
Cave Divers: A Mixed Methods Study of Lifestyle, Personality, and Psychobiology.  
[www.valdosta.edu/soc/mft/](http://www.valdosta.edu/soc/mft/)
- 2007 - Florida Adlerian Society - 12th Annual Conference** Tampa, Florida  
Workshop Presentation - A Multi-Lens Investigation into Cave Diver's Lifestyles  
[www.adlerflorida.org](http://www.adlerflorida.org)
- 2007 – Barry University – 3<sup>rd</sup> Annual Research Day Miami Shores Florida**  
Roundtable Discussion - A Multi-Lens Investigation into Cave Diver's Lifestyles  
[www.barry.edu/currentStudents](http://www.barry.edu/currentStudents)
- 2007 - 20<sup>th</sup> Annual Conference on Interdisciplinary Qualitative Studies (QUIG)**  
**University of Georgia** Athens Georgia [www.coe.uga.edu/quig](http://www.coe.uga.edu/quig)  
Poster Presentation - Cave Divers, Who are they?
- 2006 - Florida Association for Marriage and Family Therapy (FAMFT) Annual Conference** North Palm Beach Florida [www.famft.org](http://www.famft.org)  
Poster Presentation – How do Cave Divers view their family relationships? Awarded best FAMFT poster for 2006

## PUBLICATIONS

**Cave Diving Articles and Opinions** - A Comprehensive Guide to Cave Diving and Exploration - Jill Heinerth and Bill Oigarden, Eds., probably ought to have been called "Everything You've Ever Wanted to Know About Cave Diving and Then 100% More." The book, graced by innumerable pictures from top photographers, videographers, including Wes Skiles, Becky Kagan, Pat Canova, Pete Nawrocky, and Heinerth herself (to name only a few), does a masterful job of using photography to illustrate critical points. More than 35 contributors range from well-known cave divers (such as Hal Watts and Lamar Hires) to geologists (Jerry Murphy and Todd Kincaid), biologists (Tom Illiffe and Jill Yager), educators (Jeff Bozanic), physicians (David Sawatzky) and mental health professionals (Bill Oigarden), among numerous others. Thus, in terms of breadth of knowledge and expertise, the book is unparalleled. <http://rebreatherpro.typepad.com/cavedivingbook/>

### **2007 National Speleological Society Convention Abstracts**

Human Sciences - Cave Divers: A Mixed Methods Study of Lifestyle, Personality, and Psychobiology. <http://www.caves.org/pub/journal/PDF/v69/cave-69-03-360.pdf>

**Contributing Journal Editor - Underwater Speleology**

2004-2007

National Speleological Society – Cave Diving Section

Lake City, Florida

[www.nsscds.org/uws.htm](http://www.nsscds.org/uws.htm)

Publish bi-monthly journal containing current information on exploration, scientific discoveries, conservation, equipment innovation, and safety techniques of cave diving.

**PROFESSIONAL ORGANIZATIONS**

American Association for Marriage and Family Therapy [www.aamft.org](http://www.aamft.org)

American Counseling Association [www.counseling.org](http://www.counseling.org)

Florida Adlerian Society [www.adlerflorida.org](http://www.adlerflorida.org)

Florida Association for Marriage and Family Therapy [www.famft.org](http://www.famft.org)

National Board for Certified Counselors [www.nbcc.org](http://www.nbcc.org)

The Association for the Treatment of Sexual Abusers [www.atsa.com](http://www.atsa.com)

Florida Association for the Treatment of Sexual Abusers [www.floridaatsa.com](http://www.floridaatsa.com)

Florida Certification Board [www.flcertificationboard.org](http://www.flcertificationboard.org)

International Society for the Study of Individual Differences\* (application pending) [www.issid.org](http://www.issid.org)

National Speleological Society #19895 [www.caves.org](http://www.caves.org)

Society for Human Performance in Extreme Environments [www.hpee.org](http://www.hpee.org)

**PROFESSIONAL EXPERIENCE****Mental Health Specialist**

2009-present

Florida Department of Corrections

Jasper, Florida

Hamilton Correctional Institution <http://www.dc.state.fl.us/facilities/region2/215.html>**Specific Responsibilities:**

- Assesses level of functioning with regard to social and community life skills.
- Observes individual's behavior, in group interactions, or other situations to detect indications of mental deficiency, abnormal behavior, or maladjustment.
- Develops treatment plan, including type, frequency, intensity, and duration of therapy, in collaboration with mental health professionals and other specialists.
- Analyzes information to assess client problems, determine advisability of counseling, and refer client to other specialists, institutions, or support services.
- Responds to client reactions, evaluates effectiveness of counseling or treatment, and modifies plan as needed.
- Screen inmates who are serving a sentence for a sex offense in accordance with Florida Administrative Code 33-404.102(7). Identify those who suffer from a sexual disorder, as defined by the DSM-IV TR. Inmates shall be given an opportunity to participate in treatment before sentence expiration.

**Goals of the Treatment Group**

- To begin the treatment process and develop the inmate's awareness of the inappropriateness of the deviant sexual behavior.
- To reinforce the need for participation in treatment within the community upon release.

- Interviews individuals and reviews records to obtain information on medical, psychological, emotional, relationship, or other problems.
- Conducts individual and group counseling sessions regarding psychological or emotional problems, such as stress, substance abuse, and family situations.
- Utilizes treatment methods, such as individual and group psychotherapy.
- Consults reference material, such as textbooks, manuals, and journals, to identify symptoms, make diagnoses, and develop approach to treatment.
- Assists clients to gain insight, define goals, and plan action to achieve effective personal, social, educational, and adjustment.
- Refers individuals to community agencies to obtain medical, vocational or social services.

### **Licensed Mental Health Counselor (LMHC)**

2009-present

Armor Correctional Health Services [www.armorcorrectional.com](http://www.armorcorrectional.com)

Macclenny, Florida

Assigned to the Baker County Detention Center. Inmates include County, Federal, and US Immigration and Customs in Enforcement (ICE). Duties include assessing acute and chronic inmates/patients. Assessing inmates prior to release back into the community. Assessing inmates in disciplinary or administrative confinement.

### **Human Services Counselor**

2009

Florida Department of Children and Families

Macclenny, Florida

Northeast Florida State Hospital (NEFSH) [www.dcf.state.fl.us/institutions/nefsh](http://www.dcf.state.fl.us/institutions/nefsh)

Conducts individual counseling and group psychosocial therapy with seriously mentally ill persons.

#### **Specific Responsibilities:**

- Assesses level of functioning with regard to social and community life skills.
- Facilitates return to the community, improving the functioning level of persons under treatment, while reducing their length of stay at the hospital.
- Participates actively in the treatment process, attending treatment team meetings, and contributing in the development and revision of the patient's treatment plan.
- Jointly works with the team in making recommendations for treatment and discharge planning.
- Maintains regular contact with family through treatment team meetings, telephone contacts, letters, and family meetings updating the family on the individual's condition and current discharge plans.
- Counsels with the family about sensitive situations involving individuals related to their mental and physical problems.
- Coordinates unplanned discharges from the unit, serving as the point of contact between the community liaison within the catchment area and the unit, arranging for an After-Care plan for civil individuals, notifies relatives of discharge plans, and arranges for transportation.
- Develops and maintains expertise regarding community resources to prepare individuals for discharge.
- Regularly attends Baker Act and commitment court hearings and has frequent contact with guardian advocates, 1<sup>st</sup> representatives, and other significant persons to the individuals at NEFSH to assure continuity of care.

**Community Counseling Center of Central Florida**

2008

[www.ccccf.org](http://www.ccccf.org)

Longwood, Florida

Completed Comprehensive Behavioral Health Assessments (CBHA) for children and adolescents entering State of Florida Dependency/Foster Care. Instruments included:

- The Children's Functional Assessment Rating Scale (CFARS)
- Ages & Stages Questionnaires (ASQ)
- Child and Adolescence Needs and Strengths (CANS)

**Certified Family Services Counselor** (Florida Department of Children and Families)**One Hope United** [www.onehopeunited.org](http://www.onehopeunited.org) (privatization provider)

2007-2009

Orlando, Florida

Focuses on the prevention of inappropriate out-of-home placement, strengthening and improving family functioning, and ensuring child safety.

**Specific Responsibilities:**

- Provides in-home services to families and children.
- Assesses child and family safety and risk.
- Develops individualized case plans.
- Oversees case responsibilities.
- Assists families with identifying and removing barriers that prevent children from remaining or being returned home.
- Conducts home visits based on individual family need.
- Maintains accurate home-visit notes.
- Refers families to community resources and provides linkages with necessary treatment providers.
- Works with families to ensure permanency for clients.
- Completes various outcome reports.
- Attends court hearings, case reviews, and staffings.

**Licensed Mental Health Counselor (LMHC)**Advanced Development of Individuals [www.oigarden.com](http://www.oigarden.com)

2005-present

Serving North Central Florida

Private practice seeing clients for individual, relationship, marriage and couple, adolescent, and family therapy. Counseling addresses a wide range of issues such as depression, anxiety, self-esteem, stress, anger, bereavement, abuse history, and family of origin concerns.

**Crisis Counselor & Outreach Worker**

Florida Department of Children and Families

2006

[www.state.fl.us/cf\\_web](http://www.state.fl.us/cf_web)

Orlando, Florida

Project H.O.P.E. is a program funded by a grant from FEMA to the State of Florida's Mental Health Authority. The specific design of the program is to provide the emotional support needed to help survivors during the recovery process after experiencing a major disaster.

**Graduate Assistant for Counseling Program Dean & Clinic Coordinator**

Barry University – Barry Family Enrichment Center

2005-2007

[www.barry.edu/counselingPhD/About/EnrichmentCenter.htm](http://www.barry.edu/counselingPhD/About/EnrichmentCenter.htm)

Orlando, Florida

Therapy duties include marriage, couple, and family counseling. Supervise Masters level counseling students with an emphasis in a postmodern approach.

**Psychiatric Mental Health Counselor & Social Worker** 2002-2005

Florida Hospital - Center for Behavioral Health Orlando, Florida

[www.flhosp.org/services/behavior](http://www.flhosp.org/services/behavior)

Conducted individual, group, and family therapy. Prepared inpatient psychosocial histories for acute and chronic clients. Prepared treatment plans concurrently with discharge plans. Coordinated clients needs with private and community providers. Staff instructor for new employee clinical members. This included unit orientation, documentation, and milieu/group therapy training. "SuperUser" or technical instructor for the Center for Behavioral Health staff during Florida Hospital's transition to a paperless charting system. As a Certified Behavioral Health Tech I assessed patients for both mental and physical signs/symptoms of psychiatric disorders and supervised milieu therapy. "CPI" Nonviolent Crisis Intervention certification. At times was asked to work as the Health Unit Coordinator assisting the charge nurse with administrative duties to support all customers from the psychiatrists to the patient's families.

**Assessment Specialist** 2003

Lakeside Alternatives Mental Health Center Orlando, Florida

[www.lakesidealternatives.org](http://www.lakesidealternatives.org)

Acute assessment, brief solution therapy, and targeted & community referrals.

**Employee Resource Center Representative** 1997-2001

Agere Systems, formally Lucent Technologies Microelectronics Orlando, Florida

[www.agere.com](http://www.agere.com)

Assisted employees with their questions about the company's health, dental, and life insurance. Referred employees with personal or family problems to various outside agencies. Problems included: chemical dependency, addictions, emotional, stress, marital, legal, and financial issues. Provided personal, career, and academic planning for employees. Aided employees, both past and present, to apply for educational admissions and funding. Assisted employees in finding global company openings allowing them to transfer within the company. Provided information to employees about workplace disabilities (ADA) [www.usdoj.gov/crt/ada](http://www.usdoj.gov/crt/ada) and pension plans. Maintained an instructional computer lab. Helped employees who wanted to go back to school by assisting the employee fill out the funding applications for both academic and vocational schools.

**Emergency Response Team Member** 1997-2001

Agere Systems, formally Lucent Technologies Microelectronics Orlando, Florida

[www.agere.com](http://www.agere.com)

Responded as part of a team in a class 10 clean-room environment to toxic gas leaks, hazardous chemical spills, and medical calls. Certified firefighter for industrial interior structural firefighting. CFR 1910.120 and CFR 1910.1200 HAZWOPER [www.osha.gov/html/faq-hazwoper.html](http://www.osha.gov/html/faq-hazwoper.html) and HAZMAT response and incident command. Qualified up to and including Level A response.

**Microelectronics Equipment Operator** 1997-2001

Agere Systems Orlando, Florida

[www.agere.com](http://www.agere.com)

Wafer fabrication in both Diffusion and LPCVD processes- class 10 Clean-room.

**Systems Engineer & Bill of Materials Coordinator**

Regal Marine Industries

[www.regalboats.com](http://www.regalboats.com)

1995-1997

Orlando, Florida

Task team member of the implementation phase of the DataWorks MRP II software conversion [www.dataworks.ie](http://www.dataworks.ie). Responsible for the engineering change notice module which included flattening the Bill of Materials for all 21 production models. This prototype process included having all the engineering drawings with an accurate Bill of Material complete prior to the production launch. Responsibilities included analysis and input of engineering change notices effecting procurement lead times and financial data summaries for forecasting future revenue. Also participated regularly in Operation Blessing a volunteer ministry that provided food and clothing to the homeless and purchased and distributed Christmas presents and food to families in need.

**Industry Services Coordinator: Mid-Florida Tech**

Orange County Public Schools

[www.mft.ocps.net](http://www.mft.ocps.net)

1992- 1994

Orlando, Florida

Coordinated the instructional staff, including full and part time teachers. Negotiated and provided various training and education for more than 40 business and industry clients throughout Central Florida. State of Florida Vocational Teachers Certificate (Management and Supervision - 1993).

**Systems Engineer**

Raytheon Service Company

[www.raytheon.com](http://www.raytheon.com)

1985-1986

Bedford, Massachusetts

El Paso, Texas

Assigned to Patriot Logistics, Missile Systems Division. Responsible for factory test equipment training on all foreign military sales and U.S. depot training. Applied and negotiated training schedules and reviewed training material at each location for completeness and consistency.

**Senior Technical Instructor**

Lockheed-Martin, formally Martin Marietta

[www.lockheedmartin.com](http://www.lockheedmartin.com)

1982-1992

Orlando, Florida

Ocala, Florida

Baltimore, Maryland

Albuquerque, New Mexico

Frankfort and Heilbronn,

Germany

Assignments included:

Management & Organizational Development: Responsible for product assurance and test equipment mission areas. Responsible for developing the mission areas staff to obtain maximum results through Measurement and Management Team Metrics. Member of Concurrent Engineering Teams. (DDI) Interaction Management Instructor. [www.ddiworld.com](http://www.ddiworld.com)

Employee Relations: Substance Abuse Awareness and Ethics Emphasis in the Workplace Instructor.

Labor Relations: Prepared new hire orientation and upgrade training packages.

Information Systems: Safeguarding critical electronic information curriculum development and presentation in Orlando, Ocala, and Baltimore.

Production Technology Training Center: Safety training task leader: OSHA, EPA, DOT, and DEP compliance programs. HAZCOM, HAZWASTE, & HAZMAT Instructor, Class A Commercial Drivers License. Hazardous waste operations and emergency response. Task Leader – Missile Ordnance Handler Certification. Instructor for tracked vehicles including M3 Bradley Fighting Vehicle, M48 & M60 tanks, and the M113 Armored Personnel Carrier. Forklifts up to 20,000 pound ordnance capacity.

Instructional & Media Resources Administrator: Supervised preparation of lesson plans, instructor guides, presentations, and manuals using both Macintosh and Windows page assembly.

Customer and International Training Task Leader: Responsible for technical instructors including curriculum and publications development, stand up classroom and on-the-job training, and the management of foreign training proposals, budgets, and personal recruitment. International technology transfer projects included Patriot Japan [www.mhi.co.jp](http://www.mhi.co.jp) and Patriot Germany.

Martin Marietta Postal Systems: USPS automation systems. Delivery Bar Code Sorter II. Technical, Organizational and Management Training. DDI Interaction Management.

Missile Ordnance Department: Trained, certified, and annually re-certified 150 production missile mechanics, inspectors, and testers. Designed initial documentation for the Automated Training and Certification System On-Line Certification Card.

Martin Marietta Twilight Toastmasters, Past Administrative Vice President. [www.toastmasters.org](http://www.toastmasters.org)

Production Operations: Missile Ordnance Operator: Missile systems included; Pershing II, Patriot, ADATS, and Hellfire. Final assembly of the Copperhead Laser Guided Projectile. Targeting and night vision system included; LANTIRN and TADS/PNVS. [www.janes.com](http://www.janes.com)

## **Adventure Solutions**

[www.adventuresolutions.org](http://www.adventuresolutions.org)

Technical Diving Instructor

IANTD Certifications: Advanced Nitrox, Recreational Trimix, Intro to Cave, CPR, AED, and First Aid, Recompression Chamber Operator, Diving Medical Technology.

1977-present

Serving North Central Florida

## **Technical Diving Instructor & Dive Store Manager**

Florida State Skin Diving Schools Inc.

dba Hal Watts Watersports [www.halwatts.com](http://www.halwatts.com)

1981-1982

Orlando, Florida

SCUBA Diving Instructor and store manager, responsibilities included classroom, spring, and ocean training. Developed lesson plans from basic SCUBA to the most advanced cave diving and deep diving situations. Supervised employee and public relations, handled inventory control, bookkeeping, advertising, trip coordination, sales, repair and service of merchandise as well as the editor of a monthly word-processed newsletter. Expert Diver #51, PADI Advanced Open Water Instructor #9034 [www.padi.com](http://www.padi.com), SSI Advanced Open Water Instructor #1564 [www.ssiusa.com](http://www.ssiusa.com), Emergency Medical Technician, Seminole Community College. [www.doh.state.fl.us/mqa](http://www.doh.state.fl.us/mqa)

**Dive Resort Staff and Instructor**

1979-1980

Ginnie Springs Outdoors

High Springs, Florida

[www.ginniespringsoutdoors.com](http://www.ginniespringsoutdoors.com)

Pioneer cave diving instructor including NACD Full Cave Diving Instructor #36

[www.safecavediving.com](http://www.safecavediving.com), NSS Regular Member #19895 [www.caves.org](http://www.caves.org) NSS Cave Diving Instructor #131[www.nsscads.org](http://www.nsscads.org), Scubapro Certified Repair Technician [www.scubapro.com](http://www.scubapro.com), and Poseidon CertifiedRepair Technician [www.poseidon.se](http://www.poseidon.se)**Licensed Charter Boat Captain**

1978-1981

Gold Coast Diving Enterprises

(USCG License current)

[www.gulfstreameagle.com](http://www.gulfstreameagle.com)

West Palm Beach, Florida

Launched new Charter Boat business with Captain Mark Rose. Trips included the entire east Coast of Florida, the Florida Keys, and the Bahamas including rare Blue Hole exploration trips to Grand Bahama Island and the Cay Sal banks. US Coast Guard Captain's License.

**Commercial Mixed Gas Diver**

1977-1978

Florida Institute of Technology

Jensen Beach, Florida

[www.fit.edu/AcadRes/dmes](http://www.fit.edu/AcadRes/dmes)

Completed A.S. Degree in "Underwater Technology" Qualified to dive US Navy Mark V, Kirby Morgan KMB-10, Superlight 17 and other masks/helmets. Qualified tender including life support technician (1977) with recent (2005) Certified Hyperbaric Technologist (CHT) eligibility verified by the National Board of Diving and Hyperbaric Medical Technology (NBDHMT) [www.nbdhmt.org](http://www.nbdhmt.org). Certifications include; Underwater Emergency Medical Technician, PADI Cave/Cavern Diving Instructor, and NASDS Open Water Instructor #1616.